



SAC 260: Introduction to Substance Abuse Counseling

This course explores key concepts utilized in substance abuse treatment. Various skills to help the student assess the severity of addiction and develop an initial treatment plan will be introduced. Treatment settings and interventions from different theoretical perspectives commonly used with chemically dependent clients are explored. Issues of comorbidity and diversity with substance abuse are explored. (Ethics: 2.5 hrs of the required 10 hours for CADAC)
Prerequisite(s): PSY 287 and PSY 255. Three lecture hours per week.

Course Student Learning Outcomes

Upon completion of this course, the student will be able to: 1. Evaluate an addiction situation and accurately diagnose. 2. Engage and counsel a client who has an addiction problem. 3. Evaluate differentiated advocacy strategies for clients and families with a range of addictions. 4. Demonstrate appropriate use of advocacy strategies for clients and families with substance abuse disorders. 5. Synthesize and integrate peer reviewed articles related to the efficacy of different treatment modalities.

Credits: 3

Program: Substance Abuse Counseling