



## PSY 290: Psychology of Learning

This course is designed to provide the student with an understanding of experimental approaches to the study of animal behavior. The key concepts and principles related to different theories of learning will be covered, including biological, behaviorist, cognitive, and socio-cultural perspectives. Within the context of both cognitive and behavioral models of learning, attention will be given to the concepts of reinforcement and shaping of behavior, approach and avoidance learning, student motivation and learning, and metacognitive and self-regulation skills. Prerequisite(s): PSY 101. Three lecture hours per week.

### Course Student Learning Outcomes

1. Differentiate between the major perspectives and theories associated with learning theory. 2. Describe and analyze experimental research on human and animal learning, 3. Identify key terminology and principles of the varied learning theories. 4. Utilize and apply the principles of psychology of learning in their own learning and everyday life. 5. analyze how learning theories impact many aspects of life. 6. Identify various disorders and their impact on learning.

**Credits:** 3

**Program:** Psychology