



PSY 287: Introduction to Addiction Studies

This course is designed to help students gain an understanding of addiction from a psychological, sociological, biological and spiritual perspective with a strong focus on diversity in addicted populations. The concept of addiction as a disease will be examined. Consequences of addiction as they related to the individual regarding intervention, treatment, education, and relapse prevention are introduced. This course requires that the student attend at least 3 AA/NA meetings outside of the classroom hours. Prerequisite(s): PSY 101 and PSY 281. Three lecture hours per week.

Course Student Learning Outcomes

Upon completion of the course, the student will be able to: 1. Discriminate between drug used, abuse, dependency, and addictions. 2. Demonstrate an understanding of the psychological, sociological, behavioral and physiological effects of mood altering substances. 3. Compare and contrast the etiology of addiction including the biopsychosocial model, disease model, behavioral model, social model, and family systems model. 4. Discuss treatment models for drug intervention and prevention strategies in the United States. 5. Identify family dynamics of chemical abuse, including co-dependency. 6. Differentiate the effects of addictions on special populations, including diversity in age, ethnicity, sexual orientation/gender.

Credits: 3

Program: Psychology