



## OTA 127: Psychosocial Therapeutic Modalities

In this course, students apply their knowledge of psychosocial performance and use their ability to analyze tasks relative to areas of occupation, performance skills, performance patterns, activity demands, context(s), and client factors to implement intervention plans in mental health and geriatric services. Students develop skills in therapeutic use of self, environment, and purposeful activity. The collaborative OTR/COTA relationship in the Occupational Therapy process is emphasized. The course studies community programming and treatment of populations via site visits and fieldwork opportunities. Students participate in laboratory to study the application and evaluation of advanced psychosocial group process. Prerequisite: OTA 111 and OTA 117; or OTA 117 and permission of the program director. Two hours of lecture, two hours of laboratory hours, and three hours of fieldwork. Instructional Support Fee applies.

### Course Student Learning Outcomes

Lecture Objectives: 1. Describe the OTR/OTA collaborative relationship in mental health acute, long term care and community settings. 2. Describe the role of the OTA in assessment and treatment of mental health dysfunction. 3. Identify the importance of inter-professional Communication for the team and the client. 4. Describe and demonstrate the occupational therapy communication and interview process with multicultural client populations. 5. Describe the purpose of selected psychosocial assessments. 6. Discuss considerations of the occupational therapy process with special populations across the lifespan, ex: persons with mental illness, substance abuse, developmental disabilities, sensory dysfunction and dementia. 7. Discuss the effects of age, race, culture, gender and environment on individuals within the context of family, community and society while making effective treatment choices with clients in a variety of service delivery settings. Lab Objectives: 8. Participate in a laboratory group experience to study and evaluate advanced psychosocial group process and develop cultural competence. 9. Plan and implement individual and group treatment programs including formulating a group protocol to promote client health, occupational function and improved quality of life. 10. Apply activity analysis theory to the design of a group and an activity program. 11. Develop and demonstrate knowledge of appropriate treatment choices for a variety of psychosocial dysfunctions within appropriate contexts of acute, long term and community settings. 12. Demonstrate knowledge of models of healthcare education, community and social systems as related to the practice of occupational therapy. 13. Demonstrate ongoing assessment of clients status re: occupational needs, functional skills and interests through observation, intervention application and documentation of laboratory activity groups. 14. Document need and rationale for service and goals of intervention through writing behavioral objectives that meet reimbursement standards of various agencies. 15. Document client progress and provider accountability through writing SOAP notes. Fieldwork Objectives: 16. Demonstrate reliable work habits, professional demeanor and professional dress. 17. Develop skills in community needs assessment and community education. 18. Establish meaningful and comfortable relationships with clients and staff in a multicultural community setting. 19. Demonstrate good judgment in seeking assistance, responding to feedback, and conducting oneself ethically and with appropriate courtesy and professional attitudes in client and staff relationships. 20. Formulate general therapeutic goals and objectives and apply to a selected population. 21. Initiate and /or assist in the therapeutic activity process. 22. Demonstrate education and advocacy efforts for the benefit of the consumer, clinical staff, community and the occupational therapy profession. 23. Communicate in writing clearly, concisely, and professionally, utilizing appropriate terminology. 24. Demonstrate achievement of the OTA program and clinical site's fieldwork objectives. 25. Demonstrate knowledge of psychosocial factors influencing engagement in occupation with client- centered, meaningful, occupation-based outcomes. 26. Demonstrate therapeutic use of self including ones personal insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.

**Credits:** 4

**Program:** Occupational Therapy