

## SAC 291: Substance Abuse Counseling Practicum II

The course provides opportunities to integrate coursework with primary goals for a Substance Abuse Counselor through client service in an approved placement. The course is designed for students to learn from and grow through each other's experiences, as well as individual experiences. Openness to learning, sharing experiences, thoughts and feelings, and joining peers in giving and receiving feedback will be required. Prerequisite(s): SAC 290. Three lecture hours per week. (Ethics: 2.5 hrs.)

## Course Student Learning Outcomes

Upon completion of this course, the student will be able to: 1. Demonstrate effective counseling skills and techniques (develop and maintain therapeutic relationships: accurately listen to clients; express genuine, accurate empathy; facilitate client change; facilitate client self-awareness, self-responsibility and personal growth) 2. Develop the necessary self-awareness (e.g., personal issues, attitudes and behaviors based on such factors as race/ethnicity, gender and sexual orientation) to be effective as a beginning counselor 3. Maintain adequate clinical counseling records as identifies by the agency of placement 4. Demonstrate sensitivity to diversity issues (e.g., race/ethnicity, gender and sexual orientation) that impact clients and counseling relationships 5. Demonstrate effective use of supervision (understand the supervisory process; give constructive feedback to peers and receive feedback from peers, supervisor, and instructor) 6. Maintain appropriate ethics, boundaries and professionalism while at agency site

Credits: 3

**Program:** Substance Abuse Counseling

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