



PSY 264: Psychology of Grief

The course is an in-depth experience into the myriad facets of the grieving process. It is designed to enlighten the student cognitively and affectively about the components, determinants, manifestations and specific reactions of various losses and the consequent grieving process. The differences between normal and unresolved grief, the tasks of grieving and the holistic impact will be addressed. Special attention will be given to traumatic death grief. Three lecture hours per week.

Course Student Learning Outcomes

1. Gain comprehensive knowledge of the causes, distinctions, manifestations of grief and the holistic impact with the attention to the candidacy and clues of unresolved grief.
2. Distinguish between the avoidance patterns of grief and successful grieving.
3. Examine and explain cultural differences and gender differences in the grieving process.
4. Develop competency in the techniques of death notification and understand the impact of trauma death.
5. Demonstrate an understanding of specific trauma death such as homicide, military death, genocide, mega death as well as its consequences to the griever and society.

Credits: 3

Program: Psychology