



## PSY 254: Psychology of Personality

This course is an introduction to the study of personality. The course examines various theoretical explanations for understanding personality development and explores the strengths and weaknesses of each theory. This course also investigates how personality is assessed and explores the validity and reliability of several tools. Prerequisite: PSY 101. Three lecture hours per week.

### Course Student Learning Outcomes

1. Identify the key concepts that are associated with the major personality theories.
2. Evaluate the strengths and the weaknesses of the theories that have shaped the field.
3. Explore how research and psychological testing apply to personality theories.
4. Assess theories of personality and how they relate to human behavior, experience and psychopathology.

**Credits:** 3

**Program:** Psychology