



## PSY 101: General Psychology

This course provides an introduction to the field of psychology, including its history and controversies, its sub-fields and divisions, its major theorists and theoretical perspectives, and its current state and promise. The focus will be on how we develop across the life span, the biological basis of our behavior, the nature of intelligence and learning, personality, psychological disorders, and how we behave in social situations. The aim is for students to gain an appreciation for the science of psychology and how it can be applied to our own lives. Prerequisite: Passing scores on the College's writing and reading placement tests, or a C or better or concurrent enrollment in ENG 091 or ENG 092. Three lecture hours per week. Gen. Ed. Competencies Met: Multicultural and Social Perspectives.

### Course Student Learning Outcomes

Students who successfully complete this course will be able to: 1. Identify the core subfields of psychology and a sampling of the key figures and key terms associated with them. 2. Differentiate between the main theoretical perspectives within the field (psychodynamic, cognitive, behavioral, humanistic, and biological). 3. Define psychological research terminology. 4. Recognize research terms found in psychological studies that have supported the discipline. 5. Demonstrate an increased awareness of how psychological principles impact individual lives.

**Credits:** 3

**Program:** Psychology