



NUR 201: Nursing Care of the Adult I

This course focuses on the nursing care of adults with common health problems. Students apply the nursing process by identifying client problems, selecting interventions and administering care to adults experiencing homeostatic deviances in the areas of food, fluid, and oxygen balance; sexuality; and emotional equilibrium. Day, evening, and weekend hours are used for clinical teaching. Prerequisite: NUR 101 and NUR 102 with a grade of C+ (77) or better, PSY 252. Co-requisite: BIO 239. Four lecture and fifteen practice hours per week in hospitals and health agencies. Instructional Support Fee applies.

Course Student Learning Outcomes

1. Describe the theory which serves as the basis for selecting nursing interventions to assist adult patients in maintaining or regarding homeostasis when threatened by common pathopsychophysiological deviances associated with food, fluid, and oxygen balance; sexuality, and emotional equilibrium.
2. Apply the nursing process in assisting patients to maintain or regain homeostasis when threatened by common pathopsychophysiological deviances associated with food, fluid, and oxygen balance; sexuality; and emotional equilibrium.
3. Utilize therapeutic interactive techniques to communicate with patients and with families, significant others, faculty, and agency staff.
4. Provide information from standardized teaching guides as needed by an adult patient experiencing common pathopsychophysiological deviances of homeostasis.
5. Identify priorities of nursing care when assigned to give care to 2 patients.
6. Evaluate own performance and utilizes resources and activities for learning.

Credits: 9

Program: Nursing